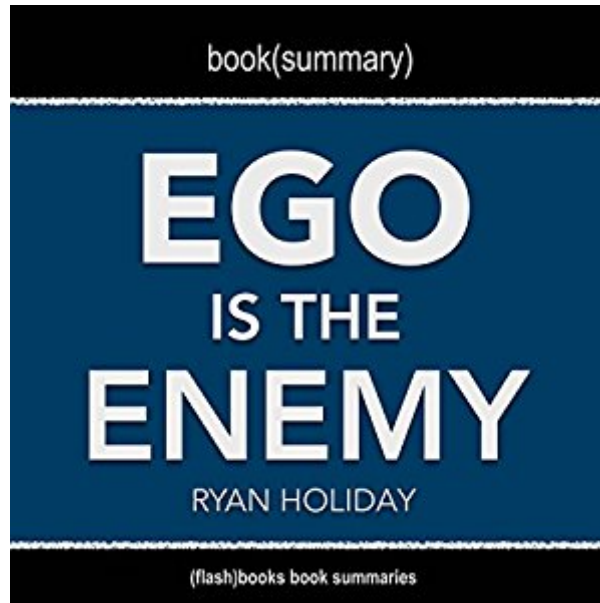


The book was found

# Book Summary: Ego Is The Enemy By Ryan Holiday



## Synopsis

This is a summary of *Ego Is the Enemy* by Ryan Holiday. Original book description: "While the history books are filled with tales of obsessive visionary geniuses who remade the world in their images with sheer, almost irrational force, I've found that history is also made by individuals who fought their egos at every turn, who eschewed the spotlight, and who put their higher goals above their desire for recognition." (From the prologue) Many of us insist the main impediment to a full, successful life is the outside world. In fact the most common enemy lies within: our ego. Early in our careers, it impedes learning and the cultivation of talent. With success, it can blind us to our faults and sow future problems. In failure, it magnifies each blow and makes recovery more difficult. At every stage, ego holds us back. *Ego Is the Enemy* draws on a vast array of stories and examples, from literature to philosophy to history. We meet fascinating figures such as George Marshall, Jackie Robinson, Katharine Graham, Bill Belichick, and Eleanor Roosevelt, who all reached the highest levels of power and success by conquering their own egos. Their strategies and tactics can be ours as well. In an era that glorifies social media, reality TV, and other forms of shameless self-promotion, the battle against ego must be fought on many fronts. Armed with the lessons in this book, as Holiday writes, "you will be less invested in the story you tell about your own specialness, and as a result you will be liberated to accomplish the world-changing work you've set out to achieve."

## Book Information

Audible Audio Edition

Listening Length: 24 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: FlashBooks Book Summaries

Audible.com Release Date: June 28, 2016

Language: English

ASIN: B01HN705RU

Best Sellers Rank: #80 in [Books > Audible Audiobooks > Nonfiction > Study Aids](#) #902

[Books > Business & Money > Business Culture > Motivation & Self-Improvement](#) #1023

[Books > Business & Money > Management & Leadership > Motivational](#)

## Customer Reviews

This is first of its kind,gives great motivation to reading,i wish you can summarize more books.

Great get back to basics book. So many truths inside for old and young. If you think you don't have an ego problem, read it!!

I have listened to it several times. I recommend it.

[Download to continue reading...](#)

Book Summary: Ego Is the Enemy by Ryan Holiday Ego Is the Enemy Summary - StrengthsFinder 2.0: By Tom Rath - A Chapter by Chapter Summary (StrengthsFinder 2.0: Summary - Paperback, Audiobook, Audible, Book) Delicious Holiday Treats: A Collection of Healthy Holiday Recipes (Dessert Recipes, Holiday, Seasonal, Desserts, Thanksgiving Recipes, Christmas Recipes) (Volume 1) Trump Revealed: An American Journey of Ambition, Ego, Money, and Power Easy Ego State Interventions: Strategies for Working With Parts Lyrics That Defines Me: Alter Ego: Stoneface the Artist/Author (Volume 1) Leading from the Emerging Future: From Ego-System to Eco-System Economies Summary: The 10X Rule: The Only Difference Between Success and Failure by Grant Cardone: Book Summary Book Summary: Crossing the Chasm: 45 Minutes - Key Points Summary/Refresher Book Summary: The Big Short: 45 Minutes - Key Points Summary/Refresher Summary of The Inevitable: Understanding the 12 Technological Forces That Will Shape Our Future by Kevin Kelly | Book Summary Includes Analysis Holiday Kisses and Valentine Wishes: A Fabulous Feel Good Holiday Romance (Christmas Love on Kissing Bridge Mountain Book 2) Jump at the Sun: It's Beginning to Look a Lot Like Kwanzaa! - Holiday Classics (Jump at the Sun Holiday Classics) The Holiday Kosher Baker: Traditional & Contemporary Holiday Desserts Ukulele Christmas Song Books 1 & 2 - 40 Holiday Songs with Lyrics and Ukulele Chord Tabs - Bundle of 2 Books: Holiday Songs (Ukulele Christmas Songs) Silent Night: A Spenser Holiday Novel (Spenser Holiday Novels) Ryan Adams & the Cardinals: A View of Other Windows Mel Bay Presents - Ryan's Mammoth Collection, 1050 Reels and Jigs (Hornpipes, Clogs, Walk-arounds, Essences, Strathspeys, Highland Flings and Contra Dances, with Figures) The Nolan Ryan Beef & Barbecue Cookbook: Recipes from a Texas Kitchen

[Dmca](#)